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The Role of Food

The role of food in our society is different depending on each individual’s culture, economic, and social background. Food indirectly or directly reflects the situation within each individual or society.

In a melting pot like America, people from different origins come together and gradually blend in or adopt each other’s culture. Food is a representation of this assimilation. Although people today try different types of food, they still preserve their distinctive culture portrayed by the type of food they eat. Chinese people eat rice for family unity while Americans eat fast food for quickness and simplicity.

Food also reveals the economic and social situation of an individual or society. Wealthy people invest money in a luxurious lifestyle. Food for them is an casual quality entertainment. Yet for low-income people, food represents their limited resource as they rely on food stamps. For people in third world countries, food is simply an unreachable imagination for those starving human beings. Food is their top priority that makes them lose human moral and turn into monsters. The inequality is directly demonstrated by the role of food to different people.

Food is a way to deliver a cultural feature, but it is also a way to reveal the social problems and struggles. Although the inequality and rich and poor gap portray a negative aspect in the society, however, these representations of food are unavoidable due to differences among human beings.